

# HLS Harness Inspection- HI V1.0

# YOUR WORKING AT HEIGHT PARTNER

# **IPAF Harness Inspection - HI**

Course are for a maximum of 10 delegates

Practical Only

Half day - Max 2 sessions a day

# Delegates must have successfully completed both HA and HU grades to take this course

### Aim

To give delegates an understanding of how to conduct statutory inspections of harnesses and lanyards for use in MEWPs.

### Objective

This is an in-person course, consisting of an in-depth practical section with test, covering harnesses and lanyards. Successful delegates will be qualified to conduct statutory harness inspections.

# **Health and Fitness**

As the assembly and use of MEWPs can be physically demanding, users should be physically fit and in good health and should, generally, not have a problem with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights/vertigo, giddiness/difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness. If you have any doubts about your fitness to use MEWPs, you must bring them to the attention of your employer. This need not preclude you from using MEWPs, provided your employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties you may have.

# Literacy

If you have any problem with literacy or language comprehension you must bring them to the attention of your employer. This need not preclude you from using MEWPs, provided your employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties you may have. All courses are conducted in English. It is vital, for Health and Safety reasons, that all delegates have sufficient working knowledge of English to allow them to participate fully.

IPAF Harness Inspection - HI 270323

# Facilities and Equipment Required for Training to Commence

- Theory we will require access to a suitable, uninterrupted room to carry out the theory element of the course. The room should have tables, chairs, a table for the instructor to set up a projector, laptop and screen or wall suitable for projection with a 240 volt power supply. The minimum training room size is 15m2 (5 metres by 3 metres) or 2.5m2 per person - whichever is larger
- Delegates attending must bring their own full body harness and adjustable restraint lanyard. The full body harness and adjustable restraint lanyard must be fully inspected (evidence required) and in date according to the manufacturer, or your company policy





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# Assessment

Delegates will be required to complete an in-depth practical section with test.

# Pre-Qualification Criteria

Delegates must have completed the Harness Awareness - HA and Harness User - HU courses.

### **Upon Completion**

On completion of this course successful delegates will receive an IPAF certificate valid for 5 years.

#### Methodology

The trainer will employ a highly facilitative approach to the training with limited group delivery, incorporating directive and participative styles. The major efforts need to be practical in nature and will include support of theoretical elements to aid understanding. Reflective practices and use of feedback techniques will be utilised to improve training and capability outcomes.

#### **Please Note**

Delegates must download the IPAF ePAL app prior to attending the course. Your powered access license will be issued electronically along with other operator focused features including safety guidance and log book.

- **IPAF** Technical Guidance Note H1 states that "When working from a boom type Mobile Elevating Work Platform (MEWP), it is strongly recommends that a lanyard short enough for the wearer to be restrained within the platform be used. The lanyard may contain an energy absorbing device, provided it is short enough to restrain the wearer within the platform. This includes Static Booms (1b) and Mobile Booms (3b)". To help them stay safe at height, those operating these type of MEWPS will therefore need to use a full body safety harness in addition to a lanyard and to be proficient in their use
- Parking for the instructor
- If a translator is required for the delegates on the course, they must be provided by your company. The translator must be separate from the course and complete an IPAF Translator Form

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