

YOUR WORKING AT HEIGHT PARTNER

IPAF Harness Awareness (HA) & IPAF Harness User (HU)

Courses are for a maximum of 10 delegates

Theory & Practical

Half day - Max 2 sessions a day

HA - For delegates who are responsible for selecting, supervising, or purchasing harnesses, and for delegates responsible for enforcing harness use and creating safe systems of work for harness and lanyard use in MEWPs.

HU - For delegates who are required to use safety harnesses and lanyards when operating MEWPs and will be conducting pre-use checks of harnesses and lanyards for use in MEWPs

Aim

To give delegates an understanding of how to fit and adjust harnesses and lanyards for use in MEWPs whilst correctly conducting pre-use checks and identifying anchor points.

Objectives

On completion of the course, delegates will have covered:

- Hierarchy of personal fall protective equipment
- Know your equipment: Harness systems
- Anchor points
- Boom type platforms hazards: Stay safe
- Vertical platform hazards: Stay safe
- Pre-use checks: When and why?
- Cleaning and storage
- Use of harness and lanyards in MEWPs
- Pre-use checks of harnesses and lanyards

Facilities and Equipment Required for Training to Commence

- Theory - we will require access to a suitable, uninterrupted room to carry out the theory element of the course. The room should have tables, chairs, a table for the instructor to set up a projector, laptop and screen or wall suitable for projection with a 240 volt power supply. The minimum training room size is 15m² (5 metres by 3 metres) or 2.5m² per person - whichever is larger
- Delegates attending must bring their own full body harness and adjustable restraint lanyard. The full body harness and adjustable restraint lanyard must be fully inspected (evidence required) and in date according to the manufacturer, or your company policy



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Health and Fitness

As the assembly and use of MEWPs can be physically demanding, users should be physically fit and in good health and should, generally, not have a problem with eyesight or hearing, heart disease, high blood pressure, epilepsy, fear of heights/vertigo, giddiness/difficulty with balance, impaired limb function, alcohol or drug dependence or psychiatric illness. If you have any doubts about your fitness to use MEWPs, you must bring them to the attention of your employer. This need not preclude you from using MEWPs, provided your employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties you may have.

Literacy

If you have any problem with literacy or language comprehension you must bring them to the attention of your employer. This need not preclude you from using MEWPs, provided your employer conducts an assessment and is able to put into place adequate measures, to take account of any difficulties you may have. All courses are conducted in English. It is vital, for Health and Safety reasons, that all delegates have sufficient working knowledge of English to allow them to participate fully.

Assessment

Delegates will be required to complete a theory test and practical assessment.

Pre-Qualification Criteria

This course does not require any prior qualification.

Upon Completion

On completion of this course successful delegates will receive an IPAF certificate valid for 5 years.

Methodology

The trainer will employ a highly facilitative approach to the training with limited group delivery, incorporating directive and participative styles. The major efforts need to be practical in nature and will include support of theoretical elements to aid understanding. Reflective practices and use of feedback techniques will be utilised to improve training and capability outcomes.

Please Note

Delegates must download the IPAF ePAL app prior to attending the course. Your powered access license will be issued electronically along with other operator focused features including safety guidance and log book.

- IPAF Technical Guidance Note H1 states that “When working from a boom type Mobile Elevating Work Platform (MEWP), it is strongly recommends that a lanyard short enough for the wearer to be restrained within the platform be used. The lanyard may contain an energy absorbing device, provided it is short enough to restrain the wearer within the platform. This includes Static Booms (1b) and Mobile Booms (3b)”. To help them stay safe at height, those operating these type of MEWPS will therefore need to use a full body safety harness in addition to a lanyard and to be proficient in their use
- Parking for the instructor
- If a translator is required for the delegates on the course, they must be provided by your company. The translator must be separate from the course and complete an IPAF Translator Form

