

COURSE DURATION:

3-5 DAY FULL COURSE or 1 DAY REFRESHER

CANDIDATES: UP TO 3 PEOPLE



This course is designed to train delegates in the safe and efficient use of a counterbalance lift truck. It introduces them to the truck in a way that is thorough yet easily understood and explains the major constituent parts of the truck and their uses. It covers in detail the stability of the truck and causes of instability along with the correct methods of use in different applications. Various attachments, their uses and their effect on truck stability are also covered. At the time of booking you will be asked what attachments you have. Safe and efficient stacking and de-stacking of various loads are included in detail as well as vehicle loading and unloading. Battery care and maintenance or truck refueling is also part of the course.

Counterbalance FLT Refresher Training - is designed to take a qualified counterbalance operator refresh, update and retest them.

OBJECTIVES:

This course is designed to train delegates in the safe and efficient use of a counterbalance lift truck.

METHOD:

Theory and practical sessions with assessments

PPE:

As per company policy. Safety shoes and hi-Vis are compulsory

VENUE REQUIREMENT:

A suitable classroom to accommodate the trainer and delegates which has a power socket. Safe practical training area with racking if used onsite

SUPPORTING DOCUMENTS:

All course materials are provided

Elements covered:

- Why we train
- Health and Safety at Work Act 1974
- Provision and Use of Work Equipment Regulation 1998
- Lifting Operations and Lifting Equipment Regulations 1998
- Management of Health and Safety at Work Regulations 1999
- Personal Protective Equipment at Work Regulations 1992
- Accidents and associated risks
- Equipment introduction
- Understanding hydraulics
- Rated capacity and load centres
- Stability and instability factors
- Driving on inclines
- Pallet and load assessment
- Attachments
- Vehicle loading and unloading
- Battery care and maintenance or refuelling
- Use of seatbelts
- Pre-use checks and defect reporting
- Full practical training
- Theory, pre-use checks and practical testing on the equipment

Criteria required for training to commence:

- Classroom for theory with table chairs and an electrical socket
- Appropriate lift truck in sound mechanical condition
- A safe area of work for training to take place
- Safe practical training area with racking if used onsite

